

11th World Rogaining Championships
Russian Federation
July 26 –27, 2013
Pre-event Information

Format and Rules

The World Rogaining Championships will be held as a 24 hour rogaining event in accordance with the International Rules of Rogaining published at the IRF web site: <http://www.rogaining.com/attachments/article/83/IRF%20rogaining%20rules%202013.pdf>, with the exception of rule B2. The above listed provision is replaced by the following one:

B2¹. A team that has a member under 18 years of age shall also have a member 18 years of age or over.

Please note clause A4 of the Rules - play fairly!

A4. In interpretation and use of these Rules, participants, organisers, committees and jury panel members shall at all times be guided by a sense of fair play.

Punching system

Electronic punching system SportIdent is used. During the rogaine every competitor has to have one SI card.

Competitors shall securely attach SI cards to their wrists with special wristbands in the morning on the day of start, July 26, 2013 before map handout; a manual on attaching SI cards is available on WRC2013 web site and at the event center. The SI cards attached to wrists will be checked by the organizers during maps handout. **Every team member shall have the SI card and bib number attached and be present in person at map distribution.**

In case a wristband is damaged in such a way that allows to detach the SI card from any team member's wrist such team might be disqualified.

Backup punching system: each checkpoint will be equipped with hand-punch, which shall be used to punch the checkpoint mark in each participant's map only in case the SI station is missing or damaged or is not functioning properly.

In accordance with clause B16(b) of the Rules all team members shall record a visit to a checkpoint within a predefined time limit of 2 minutes. **In case this requirement is not satisfied the team does not gain points for that checkpoint.**

In accordance with clause B20 of the Rules all team members shall punch Check IN station when entering administration area during the competition and Check OUT station when leaving administration area and returning to the course.

Terrain

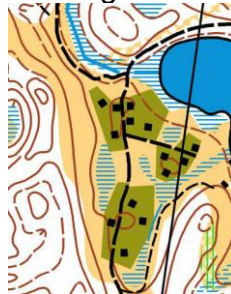
- Moderately hilly terrain; typical slopes height ranges from 20 to 40 m. Although there are no large-sized land forms in the championships terrain competitors will meet a number of local ascends and descends in numerous areas, which will result in substantial overall climb throughout the whole course.
- Rogaining map does not reflect passability. The terrain includes a lot of areas with limited passability: thick coniferous and deciduous forest, barriers of fallen trees, areas with thick undergrowth: raspberry, fern, heath, grass, bush and trees across grown-over open lands and old cut-over areas.

- Numerous water objects: rivers, streams, lakes, swamps, marshes and seasonal marshes. The water level is currently low due to dry hot weather within a few weeks. Therefore passability of small rivers and streams has increased and there is probability of crossing the rivers indicated with 'Uncrossable river' symbol in certain locations:

— Uncrossable river
Непреодолимая река

Nevertheless please be especially careful in estimating marshes and swamps passability in the night time as well as when crossing rivers, water courses and ditches as some of them are wide and deep: always try first to use bridges indicated in the map; otherwise try to find fallen trees or dams. Some ditches have muddy bottom and might be of over 3 m deep.

- The terrain includes a few small villages and farmland with local population. Settlements are indicated with olive color in the map; these are private areas and it is strictly forbidden to cross or enter them. Public roads going through settlements and indicated in the maps present the only exception; participants are allowed to use them for travelling:



Map

Special rogaining map prepared in 2012 and 2013 using OCAD software. Scale 1:30 000, contour interval 10 m. Description of map symbols is available in the map, on the WRC website and at the hash house.

The map is printed on water- and tear-resistant material Polyolith. Map size is 64 x 68 cm. Although Polyolith is a durable high-quality material there is no warranty for the ink layer to remain undamaged throughout the 24 hours of the event. Depending on weather conditions and other factors participants can use their own bags or special film to ensure map undamaged condition. All competitors will be able to receive a new map printed on paper after finish.

Fieldwork, map corrections and OCAD drawing by: Alexander Minakov, Sergey Simakin, Sergey Sibilev; OCAD drawing: Egor Kostylev.

Checkpoint Descriptions

Checkpoint Descriptions are distributed to competitors with competition maps. All checkpoints are located at features explicitly shown on the map (prefix "the" is not used).

Hazards and Annoyances

- Public roads will be open for traffic during the championships. It is strictly forbidden to enter or move along M20 highway or its roadside. All participants shall be very careful while crossing gravel or forest roads or travelling along them. Please always note that driving is on the right side in Russia.

- Large water objects including lakes and impassable marshes shall be avoided. Care shall be taken when crossing rivers, wide streams and ditches and marshes. Some ditches have muddy bottom and might be of over 3 m deep.
- Insects: depending on weather conditions and humidity there is a chance to face numerous insects, which include mosquitoes and horse flies. Competitors are advised to use repellents. It is also recommended to apply specific repellent against ticks and check the whole body after the race.
- Long trousers covering full length of leg are highly advisable for protection against stinging nettles. Participants who are allergic to stinging nettle should take care of extra protection (thicker layer fabric) and special precautions. It is advised to avoid physical contact with Sosnowsky's hogweed to avoid allergic response and skin burns.

Climate and weather

According to the forecast currently available the following weather conditions are expected: daytime temperatures +15...+20°C, nighttime temperatures +14°C. Cloudy; light rain.

Local weather forecast available at the web site:

<http://www.gismeteo.com/city/daily/11536/>

Course

Standard orienteering control markers with additional reflective stripes located in the proximity will be used.

6 water stations with drinking water indicated in the map will be available across the terrain. Volunteer will be on duty at the water station; first-aid medicine will be available there.

Medical aid

Qualified medical professionals will be on duty at the event center during the whole duration of the event to provide first aid if required. In more complicated cases, the injured competitor may be transported to a hospital. All competitors should have adequate health insurance, covering also participation in a competition. In the absence of health insurance, hospitals may charge the full cost of treatment.

If in case of emergency medical help is required for a participant in the terrain please contact the organizers by mobile phone as indicated below or address volunteers at the nearest water station.

Use of Mobile Phones

Use of mobile phones is strictly forbidden during the competition. However competitors are allowed to carry mobile phones on the course for use in emergency case provided the phones are kept off. All competitors shall switch off their phones before they enter start area and shall keep them off until finish.

The only exception is emergency case when a competitor requires medical help or cannot continue travelling on foot and the team withdraws. In such cases always try to reach the organizers by calling the following numbers as soon as possible:

+7 (921) 116 48 54

+7 (911) 361 53 00

Please note that only part of the competition terrain is covered by GSM cellular network of the following operators: MTS, Megafon, Beeline, Tele2. When the signal strength is

too low or there is no signal try to move across the terrain primarily to a more elevated location.

Start

All competitors shall enter the start area from 11.15 to 11:45. SI cards rented from organizers are cleared before they are distributed. Participants using their own SI chips shall clear them at registration desk in advance before start. Each competitor shall punch the 'Check' station when entering the start area. **In case any team member does not have the 'Check' station record in his SI card the team will be disqualified.** Each team shall return the route plan with the team number indicated to the organizers when entering the start area.

Protests

Within 45 minutes of the nominated finish time (up to 12.45 on July 27, 2013) a team may submit a protest about any team thought to have breached the rules, about the preliminary results of the team or about any actions of the organizers that they consider made the competition unfair. Protests shall be submitted in writing in English or Russian language.

Any protests are considered and determined by a three person jury:

- Richard Robinson (Australia)
- Lauri Leppik (Estonia)
- Miroslav Seidl (Czech Republic)

Guntars Mankus (Latvia) is also a member of the jury panel.